

STOP THE SPREAD OF GERMS

TOP 10 REMINDERS

1. Tell someone if you have any COVID-19 symptoms
2. Don't interact with others if you feel sick; stay home
3. Have your temperature checked twice daily
4. Maintain 6 feet of social distancing and don't have too many people in one room
5. Don't shake hands or high-five others
6. Wash your hands frequently throughout the day
7. Cough or sneeze into your elbow
8. Don't share items such as towels, food or phones
9. Don't touch your face
10. Sanitize and wipe down hard surfaces regularly