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## TIPS FOR PERSONAL MASK SAFETY

### 1. CAN'T TOUCH THIS

Avoid touching your face AND your face covering.

- If you touch your face or face covering, wash your hands or use hand sanitizer.



### 2. GO PRO

Clinicians will tell you:

- Handle your mask by the ear loops or ties
- When wearing it, make sure it goes over your nose and under your chin

### 3. REMOVE WITH CARE

- Grab your mask by the ear loops and pull it straight away from your face.
- Bring the loops together to fold it in half with the side that was next to your mouth on the inside.
- Place it in a paper or plastic bag.

### 4. KEEP IT CLEAN

Wash cloth masks after daily use, using hot or warm water and dry on the hottest setting.

### 5. KNOW THE TIME AND PLACE

Wear a mask when working around students while also maintaining physical distancing of 6 feet as much as possible. Wear it in outdoor spaces if you will potentially come across other groups of people.